Sick Odd Meter Double Bass Grooves

Part 2: Playing in 7

*Kick drum variations in 7
*Consecutive meter changes

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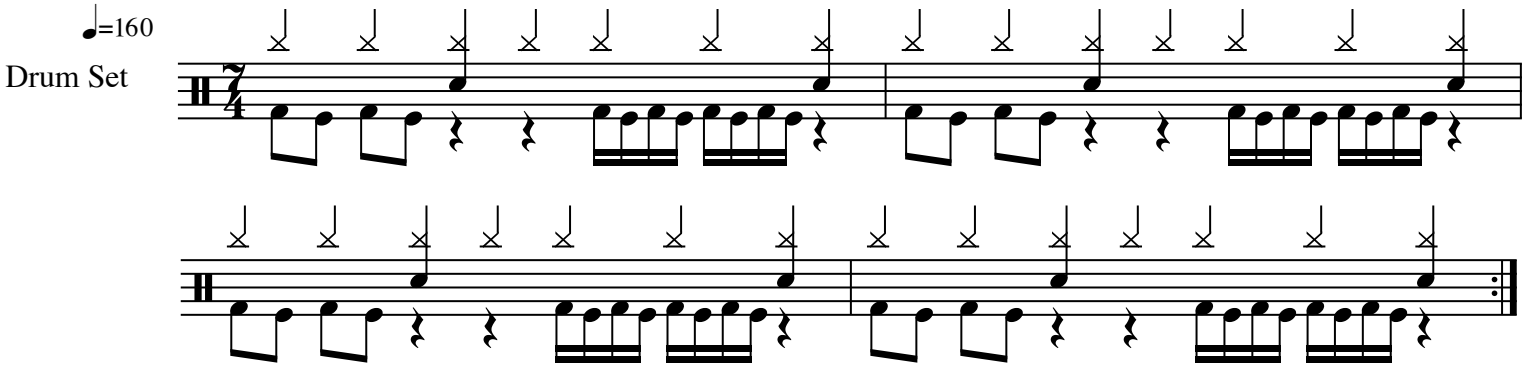
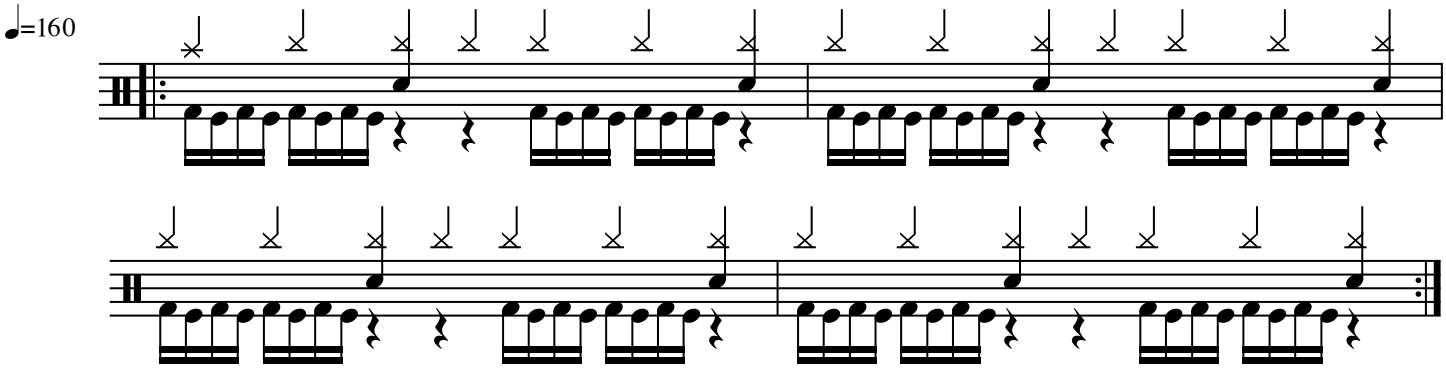
Here in Part 2 we are going to examine a few different kick drum variations and some basic mixed meter patterns that shift between 7/4, 7/8 and 7/16. Remember: the quarter note pulse stays the same in these meter changes so count the eighth note pulse or whatever is comfortable and HAVE FUN!!!!!!

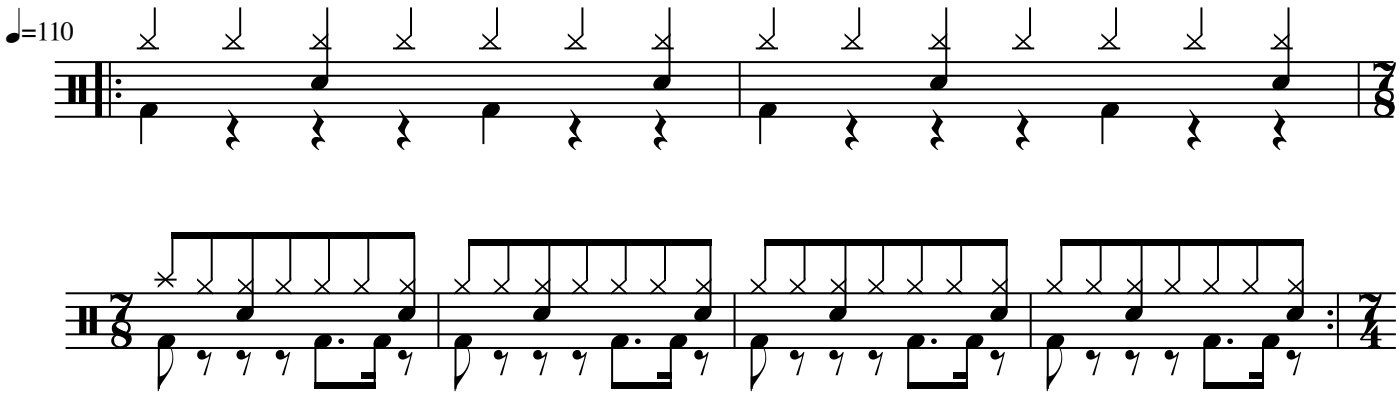
Ex #1) This 7/4 groove utilizes 8th notes and 16th notes in the kick pattern. Count either quarters or eighths while practicing.



Ex #2) This 7/4 groove contains sixteeth notes specifically. Count either quarters or eighths while practicing.



Ex #3) Here we shift between two bars of 7/4 and four bars of 7/8.



Coming next: counting and groupings in 7

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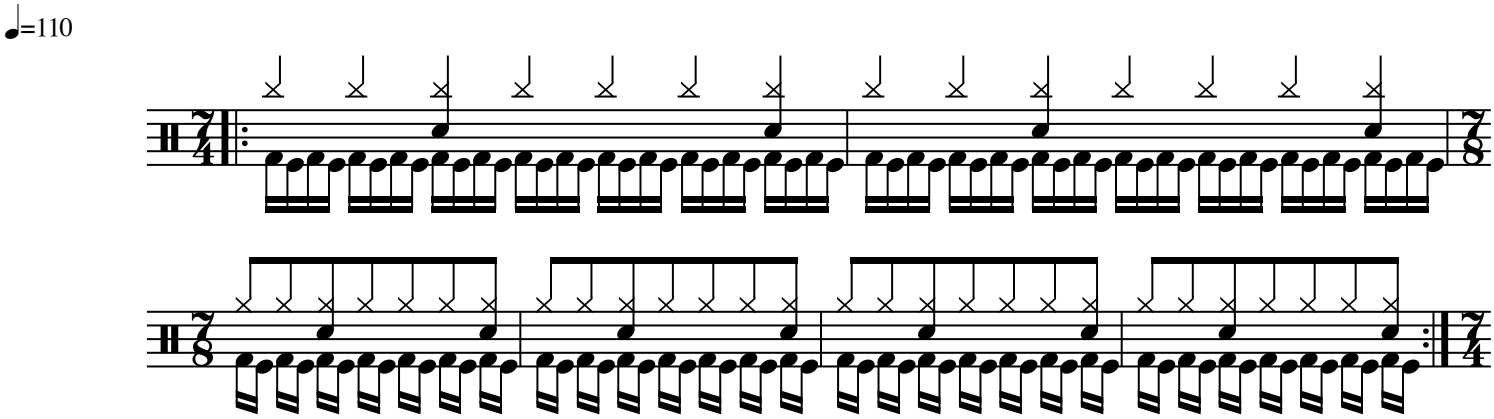
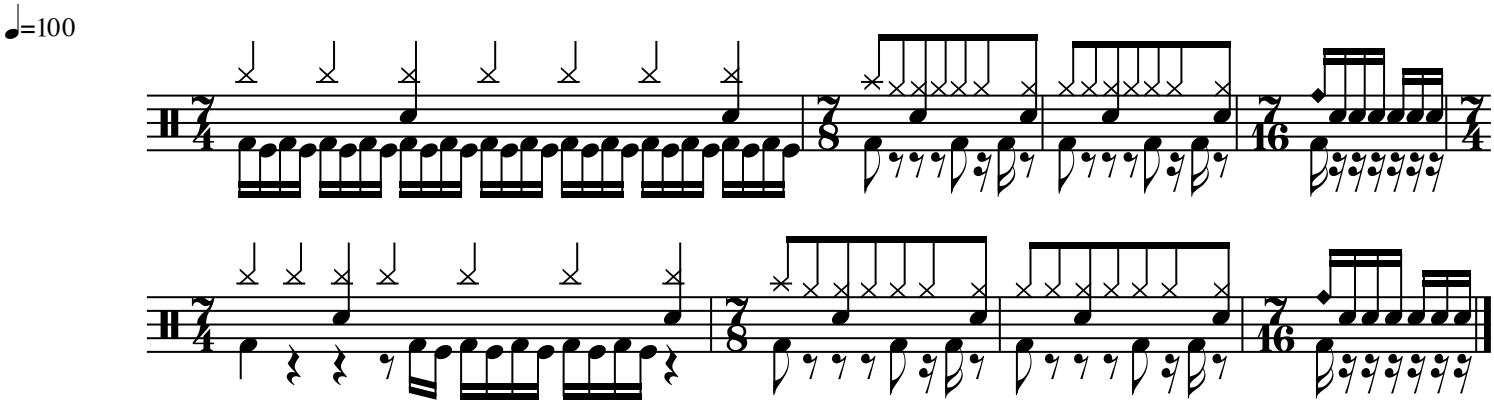
Ex #4) Here's a cooler version of example 3 (for all you metal dudes) because while your shiting meters, the 16th note kick pattern stays constant. Double bass rules!



Ex #5) This last example shifts from 7/4 to 7/8 to 7/16. It's a challenge performing 7/16 while shifting from 7/4 and 7/8 so set your metronome to 16th note pulsations and go for it.



I hope you enjoyed the drum notation and grooves contained in Parts 1 and 2.
In the next issue of Sick Drummer we'll be expanding on similar grooves by discussing different ways on how to group similar grooves and how to count them.

Please note: counting could've easily been discussed in Parts 1 and 2 but it's better to take it one step at time because we're also focusing on reading; well at least I hope you are!

Coming next: counting and groupings in 7

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